



Spring 2023

Summer 2024 Edition

Thank you 2023

From the
editors 簡介

Hi readers,
welcome and
happy reading
our newsletter!

Hope everyone stay safe and wish
you all the best in the new year. In
this quarterly issue, let's review the
interesting things that happened in
the past six months.

各位讀者們，

歡迎並希望您愉快地閱讀我們的時事通
訊！

希望大家注意安全，並祝福大家在新的一
年一切順利。本期季刊，讓我們回顧過去
六個月發生的趣事。



Hello 2024

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Focus Topic 焦点议题



Government expect strengthened Quality 7 Standards to take effect in 2024 instead of the previous 8 aged care standards.

政府希望強化後的七項品質標準將於 2024 年生效，以用于替代之前的八項老年照護標準。

Please note the draft strengthened Quality Standards in this document are not yet in operation. This draft is intended for information only.

Source: *The strengthened Aged Care Quality Standards – Final draft (November 2023)* | Australian Government Department of Health and Aged Care

Upcoming 節目預告

April 四月份	May 五月份	June 六月份
Qing Ming 清明節 Easter Holidays 復活 Anzac Day 軍人節	Mother's Day 母親節 Budda's Day 佛誕	King's Birthday 國王生日 Dragon Boat Festival

Welcome 歡迎



Welcome the new care manager Queenie XIA!

Queenie had Bachelor degrees: Bachelor of Nursing from the University of Technology, Sydney. Queenie has been working in various clinical leadership roles in aged care facility since 2019. Through the past 5 years working at aged care setting, Queenie has gained solid knowledge through her role working as RN, WHS (Work health safety) Champion, Food safety supervisor and Care Manager.

歡迎新的護理經理夏姑娘！

夏姑娘擁有學士學位：畢業於悉尼科技大學護理學士學位。自2019年以來，夏姑娘一直在老年護理機構中擔任各種臨床領導職務。在過去5年的老年護理機構工作中，夏姑娘透過擔任RN、WHS（工作健康安全）冠軍、食品安全主管和護理經理，獲得了紮實的知識和護理經驗。



Birthday 生日會

Happy Birthday!



Wishing residents happy birthday!
Living a happy life and health.
祝福所有的院友生日快樂，
身體健康和天天開心！



Merry Christmas

Merry Christmas

聖誕節快樂

Jingle bells, jingle bells
Jingle all the way !

又是一年聖誕節，住客與員工
一起度過這個歡樂的節日！





Happy New Year

新年快樂



GONG

XI

FA

CAI



恭

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Happy new year
of dragon, wish-
ing everyone best
luck and fortune!

新年新氣象，祝大
家龍年大吉大利！





**Double Ninth
Festival
重陽節**



The Double Ninth Festival falls on the ninth day of the ninth lunar month every year.

In ancient times, people had customs such as climbing high to pray for blessings, worshiping gods and ancestors, and drinking banquets to pray for longevity during the Double Ninth Festival. It has been passed down to this day, so the residents and staff worship God together on this festival.

重陽節，在每年農曆九月初九日。

古時民間在重陽節有登高祈福、拜神祭祖及飲宴祈壽等習俗。傳承至今，因此院友們和員工在這個節日一起拜神。

Food Preparation 烹飪班



Garden Leisure 曬太陽



Melbourne Cup 墨爾本杯



Wow, looks how wonderful these ladies are!



Valentine's Day 情人節



It's time to express your love to your important one!

是時候向你重要的另一半表達你的愛!



Picnic Day 戶外野餐



Lion Club Associate Corporation

獅子會



Community Group Visit 義工團到訪

Joy's singing group



Jun & Lin singing group

Sydney Tang Musical group



Sky Melody singing group



Elaine & Peter singing group

Community Group Visit 義工團到訪



Sydney Dancing group 悉尼爱心歌舞团

Let's dance together!
让我们一起舞动起来!

Love's dancing group



Spiritual Support 心靈關懷

Buddhist chanting group



Beverly Hill Church group



Bible group



Group Activity 小組活動



Physical activity, cognitive stimulation, and social interaction are the advantages for residents engaging in group activities.

身體活動、認知刺激和社交互動是院友參與團體活動的優勢。



Individual Activity 个人活動



Doll Therapy 娃娃



Folding 整理東西

Sorting Colour 顏色分類



Beading 串珠

Ball Aiming
投籃遊戲

Beans sorting 豆類分選



Drawing 畫畫

Individual Activity 个人活動



Colouring 上顏色



Online Game
綫上游戲



Bean Sprout
摘芽菜



Reading Newspaper
讀報紙



Ball Exercise
球類運動

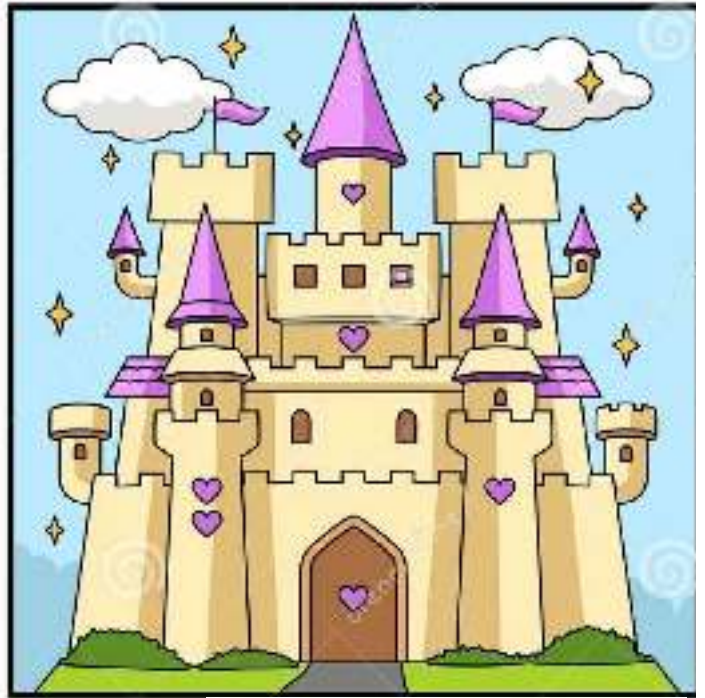


Spot the differences
找不同



Outings 戶外活動





To test your eyesight, please find the differences between the 2 and 8 pictures above.

考考眼力，請找出以上2圖8個不相同的地方



Thank you readers for your patience until the end. See you in the next issue.

感謝各位讀者耐心看到最後，我們下期再見。



KEEP IN TOUCH!

